Conroy Gold and Natural Resources plc Form of Proxy

I/We (see note A below)		of			,
being a member of the above named Company, hereby appoint (see note B below):					
the Chairman of the meeting; or		of			
as my/our proxy to vote for me/us and on my/our behalf at the Annual General Meeting of the Company to be held on 13th December, 2012 at the Conrad Hotel, Earlsfort Terrace, Dublin 2 at 10.30 am and at any adjournment thereof. Please indicate with an "X" in the space below how you wish your votes to be cast in respect of each of the resolutions detailed in the notice convening the meeting. If no specific direction as to voting is given the proxy will vote or abstain from voting at his/her discretion.					
RESOLUTION		For	Against	Discretionary	Abstain
1	To receive and consider the Financial Statements and Directors' and Auditor's Reports for the year ended 31 May 2012.				
2	 (a) To re-elect Mr. C David Wathen as a Director (b) To re-elect Mr. James P Jones as a Director (c) To re-elect Mr. Henry H Rennison as a Director 				
3	To authorise the Directors to fix the remuneration of the Auditors				
4	To authorise the Directors to allot 'relevant securities' under Section 20 of the Companies (Amendment) Act, 1983				
5	To authorise the Directors to issue securities pursuant to Section 24 of the Companies (Amendment), Act, 1983.				
Dated this day of		2012.			
Signature or other execution by the Member (See note C)					

Notes

- A shareholder must insert his/her full name and registered address in type or block letters. In the case of joint accounts the names of all holders must be stated.
- B If you desire to appoint a proxy other than the Chairman of the meeting, please insert his/her full name and address and delete the words 'The Chairman of the Meeting or.'
- C The proxy form must:
 - (i) In the case of an individual member be signed by the member or his/her attorney; and
 - (ii) In the case of a corporate member be given either under its common seal or signed on its behalf by an attorney or by a duly authorised officer of the corporate member.
- D In the case of joint holders the vote of the senior who tenders a vote whether in person or by proxy shall be accepted to the exclusion of the votes of the other joint holders and for this purpose seniority shall be determined by the order in which the names stand in the register of members in respect of the joint holding.
- E To be valid this proxy form and any power of attorney under which it is signed must reach the Company's Registrars, Capita Registrars (Ireland) Limited, Unit 5, Manor Street Business Park, Manor Street, Dublin 7 not less than 48 hours before the time appointed for the holding of the meeting.
- F A proxy need not be a member of the Company but must attend the meeting to represent you.
- G The vote withheld option is provided to enable you to instruct your proxy not to vote on a particular resolution however it should be noted that a vote withheld in this way is not a "vote" in law and will not be counted in the calculation of the proportion of the votes "For" and "Against" each resolution.

SECOND FOLD

Affix Stamp Here

Capita Registrars (Ireland) Limited
Unit 5
Manor Street Business Park
Manor Street
Dublin 7

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