Conroy Gold and Natural Resources plc Form of Proxy

being a member of the above name Company, hereby appoint (see note B below):					
the Chairman of the Meeting; or		of			
	ny/our proxy to vote for me/us and on my/our behalf at the Annual C Conrad Hotel, Earlsfort Terrace, Dublin 2 at 2:30 pm and at any adjour	_	of the Company t	to be held on 21 De	cember, 2011 at
LITE	Comad Hotel, Lansion Terrace, Dubini 2 at 2.30 pm and at any aujour	minent thereof.			
	ase indicate with an "X" in the space below how you wish your votes t				
COH	vening the meeting. If no specific direction as to voting is given the p	oroxy will vote of	adstalli itolli vot	ing at his/her discr	etion.
Resolution		For	Against	Discretionary	Abstain
1	To receive and consider the Financial Statements and Directors'				
	and Auditor's Reports for the year ended 31 May 2011				
2	a To re-elect Mr Séamus FitzPatrick as a Director				
	b To re-elect Mr. Louis Maguire as a Director				
	c To re-elect Mr. Michael Power as a Director				
3	To authorise the Directors to fix the remuneration of the Auditors				
4	To authorise the Directors to allot 'relevant securities'				
	under Section 20 of the Companies (Amendment) Act, 1983				
5	To authorise the Directors to issue securities pursuant				
	to Section 24 of the Companies (Amendment), Act, 1983				
Dated this day of		2011.			
Sign	nature		or other exec	cution by the Memb	per (See note C.)

of

Notes

- A shareholder must insert his/her full name and registered address in type or block letters. In the case of joint accounts the names of all holders must be stated.
- B If you desire to appoint a proxy other than the Chairman of the meeting, please insert his/her full name and address and delete the words 'The Chairman of the Meeting or.'
- C The proxy form must:

I/We (see note A below)

- $\hbox{\it (i)} \quad \hbox{\it In the case of an individual member be signed by the member or his/her attorney; and} \\$
- (ii) In the case of a corporate member be given either under its common seal or signed on its behalf by an attorney or by a duly authorised officer of the corporate member.
- D In the case of joint holders the vote of the senior who tenders a vote whether in person or by proxy shall be accepted to the exclusion of the votes by the other holders and for this purpose seniority shall be determined by the order in which the names stand in the register of members in respect of the joint holding.
- E To be valid this proxy form and any power of attorney under which it is signed must reach the Company's Registrars, Capita Registrars (Ireland) Limited, Unit 5, Manor Street Business Park, Manor Street, Dublin 7 not less than 48 hours before the time appointed for the holding of the meeting.
- F A proxy need not be a member of the Company but must attend the meeting to represent you.
- G The vote withheld option is provided to enable you to instruct your proxy not to vote on a particular resolution however it should be noted that a vote withheld in this way is not a "vote" in law and will not be counted in the calculation of the proportion of the votes "For" and "Against" each resolution.

SECOND FOLD

Affix Stamp Here

Capita Registrars (Ireland) Limited
Unit 5
Manor Street Business Park
Manor Street
Dublin 7
Ireland

THIRD FOLD AND TUCK IN