



19 September 2018

**Conroy Gold and Natural Resources plc**  
("Conroy Gold" or "the Company")

**Holding in Company**

Conroy Gold and Natural Resources plc (AIM: CGNR), the gold exploration and development company focused on Ireland and Finland, was informed today that Mr Philip Hannigan is now beneficially interested in 1,761,576 ordinary shares of €0.001 in the Company, equal to approximately 7.43 per cent of the issued share capital and voting rights of the Company.

**For further information please contact:**

**Conroy Gold and Natural Resources plc**

**Tel:** +353-1-479-6180

Professor Richard Conroy, Chairman

**Allenby Capital Limited (Nomad)**

**Tel:** +44-20-3328-5656

Virginia Bull/Nick Harriss

**Brandon Hill Capital Limited (Broker)**

**Tel:** +44-20-3463-5000

Jonathan Evans

**Lothbury Financial Services**

**Tel:** +44-20-3290-0707

Michael Padley

**Hall Communications**

**Tel:** +353-1-660-9377

Don Hall

Visit the website at: [www.conroygold.com](http://www.conroygold.com)