31 August 2018



Conroy Gold and Natural Resources plc

("Conroy Gold" or "the Company")

TOTAL VOTING RIGHTS

Conroy Gold and Natural Resources plc ("Conroy Gold" or the "Company") (AIM:CGNR), the gold exploration and development Company focused on Ireland and Finland, announces that the issued share capital of the Company at the date of this announcement comprises 23,693,039 ordinary shares of €0.001, with one voting right per share. The Company does not hold any shares in treasury.

The above figure may be used by shareholders in the Company as the denominator for the calculations by which they will determine if they are required to notify their interest in, or a change to their interest in, the share capital of the Company under the FCA's Disclosure Guidance and Transparency Rules.

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