

Conroy Gold and Natural Resources plc

("Conroy" or "the Company")

Director / PDMR Dealing

Conroy Gold and Natural Resources plc (AIM: CGNR, ESM: CGNR.I), the gold exploration and development company focused on Ireland and Finland, announces that it was informed today that following a purchase earlier today of 100,000 ordinary shares of €0.001 in the Company ("Ordinary Shares") at a price of 29.75 pence per share, Professor Richard Conroy, Chairman of the Company, is now interested in 2,530,657 Ordinary Shares, equal to approximately 22.98 per cent. of Company's issued share capital.

NOTIFICATION AND PUBLIC DISCLOSURE OF TRANSACTIONS BY PERSONS DISCHARGING MANAGERIAL RESPONSIBILITIES AND PERSONS CLOSELY ASSOCIATED WITH THEM

1	Details of the person dischargin associated	g managerial responsibilities / person closely	
a)	Name	Richard Conroy	
2	Reason for the notification		
a)	Position/status	Chairman	
b)	Initial notification /Amendment	Initial Notification	
3	Details of the issuer, emission allowance market participant, auction platform, auctioneer or auction monitor		
a)	Name	Conroy Gold and Natural Resources plc	
b)	LEI	635400YIAKIIDS7JKF64	
4	Details of the transaction(s): section to be repeated for (i) each type of instrument; (ii) each type of transaction; (iii) each date; and (iv) each place where transactions have been conducted		
a)	Description of the financial instrument, type of instrument	CONROY GOLD AND NATURAL RESOURCES ORDINARY SHARES OF €0.001	

	Identification code	IE00BZ4BTZ13		
b)	Nature of the transaction			
c)	Price(s) and volume(s)	Price(s)	Volume(s)	
		£0.2975	100,000	
d)	Aggregated information - Aggregated volume - Price	N/A (single transactio	N/A (single transaction)	
e)	Date of the transaction	29 September 2017	29 September 2017	
f)	Place of the transaction	London Stock Exchan	London Stock Exchange, AIM Market	
		Irish Stock Exchange, Enterprise Securities Market		

For further information please contact:

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Jon Belliss/ Elliot Hance	
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