

14 September 2017



Conroy Gold and Natural Resources plc
("Conroy" or "the Company")

Update on Court Hearing

Conroy Gold and Natural Resources plc (AIM: CGNR; ESM: CGNR.I), the gold exploration and development company focused on Ireland and Finland, notes that the High Court in Dublin has today commenced hearing the case brought by Mr O'Sullivan in which he claims that he and his nominees were appointed to the board of directors of the Company at the Company's EGM held on 4 August 2017, the hearing is to continue tomorrow.

A further announcement will be made in due course.

Contacts:

Conroy Gold and Natural Resources plc
Professor Richard Conroy, Chairman

Tel: +353-1-479-6180

Allenby Capital Limited (Nomad)
Virginia Bull / James Thomas / Nick Harriss

Tel: +44-20-3328-5656

Beaufort Securities (Broker)
Jon Belliss / Elliot Hance

Tel: +44-20-7382-8300

IBI Corporate Finance Limited (ESM Adviser)
Ger Heffernan / Jan Fitzell

Tel: +353-766-234-800

Lothbury Financial Services
Michael Padley

Tel: +44-20-3290-0707

Hall Communications
Don Hall

Tel: +353-1-660-9377