



Conroy Gold and Natural Resources plc
("Conroy" or "the Company")

Requisition of General Meeting

Conroy Gold and Natural Resources plc (AIM: CGNR, ESM: CGNR.I), the gold exploration and development company focused on Ireland and Finland, today announces that further to its announcement of 8 June 2017, it has today posted to shareholders notice of the requisitioned general meeting of the Company ("EGM") to remove certain directors of the Company, being David Wathen (Non-executive Director), Michael Power (Non-executive Director), Louis Maguire (Non-executive Director), Dr Sorca Conroy (Non-executive Director), Seamus FitzPatrick (Non-executive Deputy Chairman) and James Jones (Finance Director), and appoint as new directors, Paul Johnson, Gervaise Heddle and Patrick O'Sullivan.

The EGM will be held at The Davenport Hotel, 8-10 Merrion Street Lower, Dublin 2 on 4 August 2017 at 2.00pm. The notice of EGM can also be found on the Company's website at www.conroygold.com

For further information please contact:

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