

## Conroy Gold and Natural Resources plc

("Conroy" or "the Company")

## Holdings in Company

Conroy Gold and Natural Resources plc (AIM: CGNR, ESM: CGNR.I), the gold exploration and development company focused on Ireland and Finland, announces that it was informed yesterday that Andrea Gonella is now interested in 565,000 ordinary shares of €0.001 in the Company, equal to approximately 5.13 per cent. of Company's issued share capital.

## For further information please contact:

Conroy Gold and Natural Resources plc	Tel: +353-1-479-6180
Professor Richard Conroy, Chairman	
Allenby Capital Limited (Nomad)	Tel: +44-20-3328-5656
Virginia Bull/James Thomas/Nick Harriss	
Beaufort Securities (Broker)	Tel: +44-20-7382-8300
Jon Belliss/ Elliot Hance	
IBI Corporate Finance Limited (ESM Adviser)	Tel: +353-766-234-800
Ger Heffernan / Jan Fitzell	
Lothbury Financial Services	Tel: +44-20-3290-0707
Michael Padley	
Hall Communications	Tel: +353-1-660-9377
Don Hall	

Visit the website at: <u>www.conroygold.com</u>