



CONROY  
DIAMONDS AND GOLD P.l.c.

October 10, 2006

## CONROY APPOINTS NEW NON-EXECUTIVE DIRECTOR

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Conroy Diamonds and Gold Plc, the AIM-quoted gold explorer, is pleased to announce the appointment of Mr C David Wathen as a non-executive director of the company with immediate effect.

Mr Wathen has been involved in the financial and business sectors throughout his career and his experience includes retail and corporate finance and stockbroking. He is currently a partner at Redmayne Bentley stockbrokers in Sheffield where his responsibilities include private client business. He has also previously served, in either an executive or non-executive capacity, as a director of several quoted and private companies in the U.K., Republic of Ireland and the United States, including a number of natural resources companies.

Commenting on the appointment, Chairman, Professor Richard Conroy, said: "We are very pleased to welcome David to the Conroy Board. His extensive experience in stockbroking and corporate finance, which includes the natural resources sector, will be a valuable asset in helping the company develop and implement plans to advance our gold projects in Ireland."

### Further Information:

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