

3 March 2025



Conroy Gold and Natural Resources plc

("Conroy Gold" or the "Company")

Director Resignation

Conroy Gold (AIM: CGNR), the Irish-based resource company focused on advancing its "Discs of Gold" project in Ireland, regrets to announce the resignation, effective from 28 February 2025, of Non-Executive Director Ms. Marian Moroney. Ms. Moroney has accepted a senior executive role with BHP Group Ltd, being appointed as Head of Prospect Evaluation. She has elected to step down from the Board of Conroy Gold due to potential conflicts of interest that may arise with her new executive role.

Ms. Moroney commented:

"I am grateful for the opportunity to have served on the board and contributed to the company's vision and growth over the past year. I wish the Board and the Company continued success in all its endeavours as it advances its 'Discs of Gold Project'."

On behalf of the Board and staff, John Sherman, Chairman of Conroy Gold, commented:

"With her knowledge, passion, and directness, Marian has made an immeasurable contribution to the development of the Company and its "Discs of Gold" project. She leaves the Board with our deep appreciation for her service and friendship. We wish her every success in her new position."

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About the “Discs of Gold” Project

Conroy Gold’s “Discs of Gold” project in Ireland is defined by two parallel district scale gold trends, extending over c.90km, which are 100% held under license by the Company, and anchored by the Clontibret gold deposit. The Clontibret target area contains a currently defined 517Koz gold resource @ 2.0 g/t Au (320Koz Au Indicated and 197Koz Au Inferred (2017)) which remains open in multiple directions. The Company has identified a further seven gold targets in its license area with the Clay Lake and Creenkill gold targets being of particular interest. Gold occurs in multiple styles in the Company’s license area, including free gold, refractory gold in arsenopyrite and gold associated with pyrite and antimony (stibnite), suggesting multiple hydrothermal events seeded the deposit. There are clear geological analogies between the “Discs” targets and large gold deposits in Southeastern Australia and Atlantic Canada.