



Conroy Gold and Natural Resources plc
 (“Conroy Gold” or “the Company”)

RESULT OF ANNUAL GENERAL MEETING
DIRECTORATE CHANGE
AGM STATEMENT

The Board of Conroy Gold and Natural Resources plc (AIM: CGNR), the gold exploration and development company focused on Ireland and Finland, announces that all resolutions put to shareholders at the Company’s Annual General Meeting held earlier today were duly passed.

All resolutions were passed on a show of hands. The proxy votes received from shareholders on each resolution are set out below.

resolutions	Votes for*	%	Votes against	%	Votes total	Votes withheld**
Resolution 1	6,920,272	99.99	300	0,01	6,920,572	0
Resolution 2A	6,919,718	99.99	300	0.01	6,920,018	554
Resolution 2B	6,919,718	99.99	300	0.01	6,920,018	554
Resolution 3	6,920,572	100.00	0	0.00	6,920,572	0
Resolution 4	6,918,342	99.17	2,160	0.03	6,920,502	70
Resolution 5	6,918,037	99.96	2,460	0.04	6,920,497	75
Resolution 6	6,917,553	99.96	3,014	0.04	6,920,567	5
Resolution 7	6,917,553	99.96	3,014	0.04	6,920,567	5

**Includes discretionary votes*

***A vote withheld is not a vote in law and is not counted in the calculation of the proportion of votes "For" or "Against" any of the resolutions*

As previously announced Dr Karl Keegan did not put himself forward for re-election at the AGM due to other business commitments. Dr Keegan has therefore ceased to be a director of the Company following the conclusion of today’s AGM.

Conroy Gold’s Chairman, Professor Richard Conroy, also made the following statement at the AGM:

“Over the past year the Company has continued to make excellent progress on its exploration and development programme.

“The drilling programme at Clontibret which commenced in February 2018 led to the discovery of additional extensive gold zones, with wide mineralized intersections reported and with grades of up to 24g/t gold. As a result the drill programme was increased from the original planned 1000m to over 1700m. Further excellent results were reported including an extensive gold zone 30m to the south of a historic antimony mine. We have also discovered a new area of bedrock gold mineralisation halfway between the Clontibret gold deposit and the Corcaskea gold target.

“The Clontibret site underpins the Company but the potential upside is amply demonstrated by the revised exploration target estimate of 8.8 million ounces gold for the combined Clontibret, Clay Lake and Glenish areas and the size and scale of the 40 mile (65km) gold trend covered by our licence areas.”

For further information please contact:

Conroy Gold and Natural Resources plc

Tel: +353-1-479-6180

Professor Richard Conroy, Chairman

Allenby Capital Limited (Nomad)

Tel: +44-20-3328-5656

Nick Athanas/Nick Harriss

Brandon Hill Capital Limited (Broker)

Tel: +44-20-3463-5000

Jonathan Evans

Lothbury Financial Services

Tel: +44-20-3290-0707

Michael Padley

Hall Communications

Tel: +353-1-660-9377

Don Hall

Visit the website at: www.conroygold.com