

Conroy Gold and Natural Resources plc

("Conroy" or "the Company")

RESULT OF ANNUAL GENERAL MEETING

AGM STATEMENT

At today's Annual General Meeting of Conroy Gold and Natural Resources plc (AIM: CGNR, ESM: CGNR.I), the gold exploration and development company focused on Ireland and Finland, the Chairman, Professor Richard Conroy, made the following comments:

"This year has seen further excellent progress for your Company. Excellent drilling results have been reported for Clontibret together with structural studies confirming continuity of the gold lodes – an essential step for mine development. A Scoping Study prepared by independent consultants Tetra Tech Wardrop has demonstrated that the established JORC compliant resource of over 0.6 million oz Au (Gold), at Clontibret, on 20% of the target area, is technically and financially viable.

"Additionally the Clontibret gold deposit and the adjacent Clay lake gold target have now been brought together as a single mining project with a multi-million ounce gold resource targeted.

"The excellent drilling results at Clontibret included high grade gold and wide intersections. These included 2.25m grading 10.47 g/t gold, including 0.50m grading 25.85 g/t gold and 5.75m grading 5.04 g/t gold together with the discovery of five new gold zones.

"Gold lode continuity at Clontibret was confirmed by structural studies by independent geologist Dr Francis Murphy. This new study complemented your Company's ongoing drilling programme and is a further major step forward with your Company's plans for development at Clay Lake - Clontibret.

"The Clay Lake target has been shown by gold-in-soil studies to be approximately 3km in length, up to 2km in width and to have a surface area of over 200 hectares (c500 acres). The results of structural studies and wide zones of gold mineralisation by drilling and trenching already reported indicate the potential for high tonnage and overall gold content at Clay Lake.

"A quantitative risk assessment by consultant geologist Professor Garth Earls, who has now joined your Company as a director, has established an initial combined exploration target of five million ounces of gold across the Clay Lake - Clontibret project.

"We have also continued work at other sites and four new gold zones were intersected on the Glenish property.

"This year we will continue to develop the mine plan at Clontibret whilst also increasing the resource."

All resolutions were duly passed.

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