

14 March 2016



Conroy Gold and Natural Resources plc
("Conroy" or "the Company")

Change of Adviser

Conroy (AIM: CGNR; ESM: CGNRI), the Irish-based resource company exploring and developing gold and other projects in Ireland, is pleased to announce that it has appointed Allenby Capital Limited ("Allenby") as its nominated adviser. This decision has been made in light of Allenby's acquisition of the corporate finance function of the Company's previous nominated adviser, Sanlam Securities (UK) Limited, and the Company's desire to retain continuity with one of its key advisers.

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