

Conroy Gold and Natural Resources plc

("Conroy" or "the Company")

POSITIVE RESULTS FROM INFILL DRILLING AT CLONTIBRET

- Grades of 20.05 g/t Gold over 1 Metre and 14.10 g/t Gold over 0.25 Metres
- Gold Mineralisation Zone Extended Orebody Open at Depth and Along Strike
- Gold Mineralisation at Depth Confirmed
- Stockwork Zone Gold Intercepted at 340.5 Metres Deepest Intersection to Date

Conroy Gold and Natural Resources plc (AIM: CGNR, ESM: CGNR.I), the gold exploration and development company focused on Ireland and Finland, is pleased to announce further results from its infill drilling programme in relation to the mining plan for the development of its Clontibret gold and antimony project in County Monaghan, Ireland.

The drilling results include an intersection in one hole of 1 metre of 20.05 g/t gold, at a depth of 94.5 metres, 1.5 metres of 3.5 g/t gold at a depth of 40.5 metres, 1 metre of 3.4 g/t gold at a depth of 36.5 metres, 1.5 metres of 2.16 g/t gold at a depth of 27 metres and 1 metre of 2.4 g/t gold at a depth of 138.5 metres.

In a further drill hole 0.25 metres of 14.1 g/t gold at a depth of 119.5 metres, 0.25 metres of 8.44 g/t gold at a depth of 36.75 metres, 1.25 metres of 1.67 g/t gold at a depth of 42.25 metres and 2 metres of 1.88 g/t gold at a depth of 75 metres were intersected.

Drilling in one of these holes was continued in order to intersect the stockwork zone at depth (the gold orebody at Clontibret comprises both lode zones and a stockwork zone). The results within the stockwork zone included a series of five, one metre intersections of gold at a grade of approximately 1g/t gold, or over, down to a depth of 340.5 metres. This is the deepest level to date at which gold has been intersected at Clontibret and confirms that the gold orebody at Clontibret remains open at depth. It is also open along strike.

The results provide evidence of continuity of gold mineralisation at depth and enable the existing geological orebody model to be confirmed and the gold mineralisation zone to be extended.

This release has been approved by Kevin McNulty PGeo, who is a member of the Company's technical staff who holds a BSc/MSc in Geology and Remote Sensing, in accordance with the guidance note for Mining, Oil & Gas Companies issued by the London Stock Exchange in respect of AIM Companies, which outlines standards of disclosure for mineral projects.

Professor Richard Conroy, Chairman, commented:

"I am delighted with these further excellent drilling results at Clontibret, which include more high grade gold mineralisation and demonstrate both the continuity of the mineralisation and that the orebody is open at depth, as well as being open along strike."

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