



Conroy Gold and Natural Resources plc
("Conroy" or "the Company")

PROJECT MANAGER APPOINTED TO DEVELOP GOLD MINE AT CLONTIBRET

- **Michael Brennan Appointed to Develop Gold Mine at Clontibret in Co. Monaghan Ireland**
- **Over 25 Years' Experience in Mining Industry**
- **Particular Experience at Senior Management Level in Project Development and Operations**

Conroy Gold and Natural Resources plc (AIM: CGNR, ESM: CGNR.I), the gold exploration and development company focused on Ireland, which is planning to develop its first operational gold mine at its Clontibret Gold Project in Co. Monaghan, is pleased to announce the appointment of Mr Michael Brennan as Project Manager.

Michael Brennan, who hereto has been working on a consultancy basis with the Company, has over 25 years' experience in the mining industry. He started his career as an exploration geologist with De Beers and has since worked on diamond, gold and base metal projects throughout Africa and Europe, holding various senior management positions including project development and operations.

Projects he has been involved in include the development of the River Ranch diamond project in Zimbabwe for Auridian Limited, the management of the Skorpion Zinc pre-feasibility study in Namibia for Reunion Mining Limited, major plant modifications and the re-commissioning of the 1.6 mtpa Lerala open pit diamond project in Botswana for Mantle Diamonds Limited, the development of refractory gold resources at KweKwe, Zimbabwe for Delta Gold Limited, the development of the Nkana copper oxides in Zambia for Mopani Copper Mines and the development of the Ruashi copper-cobalt project in DRC for Metorex Limited.

Professor Richard Conroy, Chairman, commented:

"I am delighted that Michael Brennan, with his extensive experience in the mining industry, and in particular in the development of mining projects, has been appointed project manager to develop and bring into production the Clontibret Gold Project, which is expected to be the Company's first operational gold mine."

For further information please contact:

Conroy Gold and Natural Resources plc
Professor Richard Conroy, Chairman
Sanlam Securities UK Limited (Nomad)
Virginia Bull/Simon Clements

Tel: +353-1-661-8958

Tel: +44-20-7628-2200

Hybridan LLP (Broker)

Claire Louise Noyce/ Niall Pearson / William Lynne

Tel: +44-20-3713-4580

IBI Corporate Finance Limited (ESM Adviser)

Ger Heffernan

Tel: +353-766-234-800

Lothbury Financial Services

Michael Padley

Tel: +44-20-7868-2010

Hall Communications

Don Hall

Tel: +353-1-660-9377

Visit the website at: www.conroygoldandnaturalresources.com